

VolunteerBloomington!

QUOTE OF THE WEEK: "What one does is what counts and not what one had the intention of doing." ~ Pablo Picasso

July 2, 2014

Bryan Park Itsy Bitsy Kids Triathlon - July 12

The Bryan Park Itsy Bitsy Kids Triathlon, a fun, non-competitive event for children ages 5 to 10, will take place from 8-10 a.m. on July 12. The triathlon includes a 100-meter swim in Bryan Park Pool, 1.1-mile cycle, and .6-mile run. Every child who takes part is a winner! Fifteen volunteers will prepare the course, direct traffic during the bike and run legs, and cheer the participants. Minimum age is 18; 16 if with an adult. Sign up here: http://bit.ly/KidsTriathlon or contact Kim Ecenbarger, Bloomington Parks and Recreation Department, at (812) 349-3739 or ecenbark@bloomington.in.gov.

(www.bloomington.in.gov/parks)

Inter-Generational Gardening at Preschool

Do you enjoy spending time with young children outdoors? The Campus Children's Center preschool classrooms are looking for older adult volunteers to spend time gardening with the children - planting flowers, weeding, and watering. Many do not have grandparents living close by, and would benefit from having inter-generational contact. Volunteers try to visit weekly between 7:30 a.m. and 5:30 p.m. on weekdays. Minimum age is 55. Please contact Rebecca Nunley, with the RSVP 55+ Volunteer Program, at (812) 876-3383 ext. 523 or rsvp@area10agency.org. (www.area10agency.org/rsvp)

Bloomington Meals on Wheels Driver

If you enjoy driving and like helping those in need, consider becoming a Meals on Wheels volunteer driver. Drivers deliver meals to homebound people who

are recovering from an accident or illness, have a temporary or permanent disability, or are unable to prepare food independently. Volunteers are asked for a year-long, once-a-month commitment and use their own vehicles. Each volunteer delivers to about 12 clients, at lunch time, with routes taking 60-75 minutes. Minimum age is 21; no minimum if with an adult. Please contact Kathy Romy at mow@bloomingtonhospital.org or (812) 353-2248. (www.bloomingtonmealsonwheels.org)

Bloomington Nursing and Rehabilitation Center

if you enjoy making an older person's day brighter, consider volunteering once in a while at the 'Bloomington Nursing and Rehabilitation Center' on Miller Drive. They are seeking volunteers to assist the Activity Department with one-on-one activity sessions, as well as fun group activities. They would also appreciate volunteer assistance with the garden and grounds, experienced painters, and general volunteers. Contact them to find out the best fit for you! Minimum age is 16; 13 if with an adult. Please contact Tessa Tipton at (812) 336-1055 or bloomington.socserv@imgcares.com. (www.bloomingtonnursingandrehab.com)

Best Buddies International Leadership Conference - July 25-28

The Best Buddies Leadership Conference brings together leaders, both with and without intellectual and developmental disabilities. These leaders come from Best Buddies' programs worldwide, and receive personalized trainings that develop the skills needed to organize a Best Buddies chapter and become community advocates. Best Buddies is in need of over 100 volunteers from July 25-28, as they welcome over 1,200 middle school, high school and college students from around the world to Indiana University for this conference. Minimum age is 18; 12 if with an adult. Please contact Kristen Johnson at (317) 436-8440 ext. 44 or kristenjohnson@bestbuddies.org. (www.bestbuddiesonline.org/lc)

The City of Bloomington Volunteer Network is your source for information about volunteering locally. For a complete listing, visit bloomington.in.gov/volunteer or call 349-3433. The inclusion of an organization in this list does not imply City endorsement or support of the organization's activities or policies.

Community Wish List Spotlight

Monroe County United Ministries

Provides affordable childcare for working families and basic needs assistance to households in financial crisis. To grant a wish, contact Kate Zilvinskis at development@mcum.org or (812) 339-3429. (827 W. 14th Ct.; www.mcum.org)

Wishes: 8-cup food processor, 8-cup blender, food cart, 6 qt. or larger rice cooker, arts & crafts supplies, non-perishable foods, travel and full-size toiletries, new socks and underwear for adults and children, Playdoh, preschool puzzles, relatively new laptop

Use the Community Wish List to start a drive within your school, faith community or other group or take the list along shopping and add a few extra items to your cart. It WILL make a difference to those served by this organization.

